



Sacroiliac Joint Injections

The sacroiliac joints are found at the bottom of the spine. Sometimes it is decided to inject these with local anaesthetic and steroid. This injection can be classed as both diagnostic, proving the source of the pain, and therapeutic, treating the pain. It is often combined with lumbar facet joint injections and sometimes a piriformis injection.

The details of the procedure itself are just about the same as for the lumbar facet joint injections.

The substance injected is usually a combination of local anaesthetic and a low dose of steroid. The local anaesthetic is thought to give a rapid albeit often quite brief benefit whilst the steroid can take longer to work but is expected to provide longer relief.

The duration of benefit is variable although several months would be expected, and they can be repeated if they are felt to last long enough.

Please visit our website, www.thepainteam.com for more information and to contact us